

Happy Hour: Boosting Staff Wellbeing with Fun and Flair! (EN)



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Description:

This 1-hour workshop is designed specifically for school staff to explore practical strategies for improving wellbeing, fostering a supportive school culture, and enhancing job satisfaction in the educational setting.

Outcome:

This workshop aims to empower school staff to prioritize their wellbeing, fostering a supportive and healthy educational environment for staffs and students. By implementing the strategies discussed, participants can create a more positive atmosphere both personally and professionally.