



Pao Summer Camp



CHINA ONE
NINGBO



2024 Pao Sailing Bilingual Camp

Meishan Bay · Ningbo

Pao Sailing Bilingual Camp

China's Maritime Silk Road, with its Millenia of history since pre-Qin Dynasty, has not only led to the exchange and collision of different cultures, but also promoted the progress of the world and globalisation till now. Ningbo, a key port of the Maritime Silk Road and the hometown of the “World Shipping Magnate” Sir YK Pao has always played an important role.

This year, Pao Sailing Camp will launch from Ningbo, and partner with world champion sailing team **ChinaOne.Ningbo** to deliver a uniquely Pao sailing experience for children aged 9-14.



Programme by and head coach from World Champion Fleet China Ningbo No.1.

Visit Ningbo Institute of Oceanography to experience customized ocean academic activities.



Pao School quality camp management with immersive bilingual environment, rich camp activities, and high coach and staff to student ratio.

Join the Pao Sailing Club, and explore unique future sailing activities.



Course Introduction

- ▶ **Beginner Camp:** Start sailing from a young age and learn the ability to independently navigate and judge; To further learn the navigation of the Fast 28 keel boat, it requires a team of 4-6 people to operate together, cultivate teamwork spirit and courage to overcome difficulties. The core teaching content of the US Sailing Youth Sailing Certification course by the American Maritime Association has a complete advanced channel and authoritative certification system.
- ▶ **Advanced Camp:** With professional evaluation and personalized guidance, students can earn certification from CYA and US Sailing certificate by passing the qualification examination.



- ▶ Admission requirements for advanced camp:

1) Have participated in training courses such as sailing summer camps and possess basic sailing skills;

2) Holding a sailing skill certification certificate (including but not limited to RYA, CYA, USS, etc.).

*You can register for the advanced camp if you meet any of the above criteria.



Coaches Introduction



Head Coach: Jonathan Rankine

Joining us from New Zealand with over 20 years of practical sailing experience, Jonathan has won championships as captain, main sailor and helmsman. With over ten years of coaching experience, he has been invited to teach for international schools in Beijing, Shanghai, Hong Kong, and elsewhere. His energetic, steady and focused teaching style is appreciated by students and parents alike. His steady and focused teaching style is welcomed by students and parents.

Sailing Coach: Xiaoluo Hong

Coach Hong is a senior sailor and captain of the Wanboofish Sailing Team. He is a US Sailing certified instructor and a Homesail Hobie sailing training officer, with more than eight years of youth training and teaching.



Sailing Coach: Mengmeng Zhang

Coach Zhang, from Zhejiang Province, is CYA Senior Coach of the Small Sailboat Training System of China Sailing Association, a National Athlete, and a Retired Sailing Athlete. He represented Zhejiang Province in its triumph in the individual championship of the National Youth Championship, and represented the Bayi team in its victorious national championship season championship, and in two national championship runners up places. In 2015, he represented the Chinese team in the Spain 470 Princess Sofia Cup, the France 470 World Cup, and the New Zealand World Sailing Championships.



- During training, assistant coaches are assigned to provide additional support and guidance to ensure the safety of students. **The coach student ratio is 1:6.**
- Camp life coordinators are from Pao School and will provide students with enriching camp activities for an enjoyable and meaningful week away from home. **The camp life teacher student ratio is 1:6.**

Camp Schedule

Time	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
7:30-8:00		Get up				
8:00-8:30	Meet at assembly point	Breakfast				
8:30-9:00	Depart to Ningbo	Morning assembly				Pack and check out
9:00-11:30	Bus to the camp	Sailing training	Sailing training	Sailing training	Nautical exploration	Camp regatta *parents are
11:45-12:30	Lunch					Luceon Closing ceremony
12:45-14:00	Dormitory noon break					
14:00-17:45	Icebreak / Sea	Nautical exploration	Marine enrichment	Water activity (kayaking)	Sailing training	
17:45-18:15	Dinner					Baggage claim Return (15:30)
18:15-18:30	Daily review - main coach					Arrive at assembly point (18:30)
18:30-20:00	Evening Activities (theme games/ cultural activities/ competitive activities)					
20:00	Back to hotel					
20:15-21:25	Wash up/ Family time and go to bed					

Notes:

1. Green represents sea activities time, while orange represents customized nautical theme course and activities time for teachers from the boarding school.
2. In the event of extreme weather conditions, such as high temperature, rainstorm, and strong winds, the main coach will adjust the indoor and outdoor course order.
3. The foundation class and the advanced class have the same modules, but the order may be adjusted.



What you will receive?

- Guidance from **elite coaches and certification** from internationally recognized sailing teaching systems.
- **Bilingual learning atmosphere**, enhancing sailing skills while **understanding ocean knowledge**, embracing nature.
- Make new friends with the same interests and experience **the power of teamwork**.
- **Jump out of your comfort zone**, push your limits, build your courage and confidence, and become a more independent and resilient **whole person**.
- Join the **Pao Sailing Club** to have the chance to participate in future special sailing activities and overseas programmes.



Camp Life



Wanboofish Sports Tourism Resort



Reception Area



Hotel Room



Ensuite Bathroom

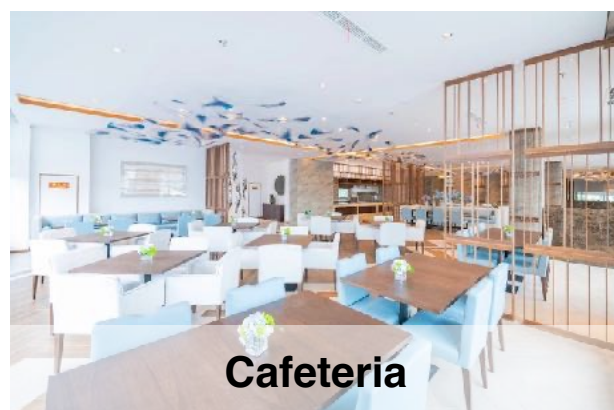
Accommodation

Students will stay at a seascape hotel in Wanboofish Sports Tourism Resort, a premier yacht club in Ningbo, with twin-share rooms, ensuite bathroom and 24-hour care service.

Students will stay on dedicated floors managed by our camp life teachers and nurse according to Pao School residential standards to ensure the wellbeing of all campers.



Delicious Meals



Cafeteria



Happy Lunch Break

Catering

Daily meals for students will be supplied by the resort's restaurant. Strict protocols are followed from procurement to processing at all levels to ensure freshness, hygiene and food safety, balanced nutrition between proteins and vegetables, as well as snacks and fruits.

Security & Medical Care

The daily meeting will conduct a weather forecast and water risk assessment, and determine when to launch the boats. The coaches and safety boats will accompany and guide the students during the entire time on the water, and are supported by on-shore medical staff.

Equipped with medical staff and dormitory security 24 hours a day. The camp will be equipped with emergency vehicle on standby and the district hospital is a 10 minute drive away.



Patrol Safety Boat

Enrollment Information

- **Time:**

- 29 July – 3 August

- **Assembly Point:** YK Pao School Hongqiao Campus, Shanghai

- **Suitable Age:** 9-14 years old

- **Camper Requirements:**

1. In good health with no serious or infectious disease inhibiting outdoor sports.

2. Good command of English, be able to understand English instruction.

3. Have basic self-care ability and be willing to try and challenge outdoor sports.

4. NO special requirements for swimming skills. (Swimming is NOT a requirement for this sailing camp. During the programme, all campers will wear life jackets, our coaches will pay close attention to each camper's situation in real-time, and safety boats will be on constant patrol to ensure their safety.)

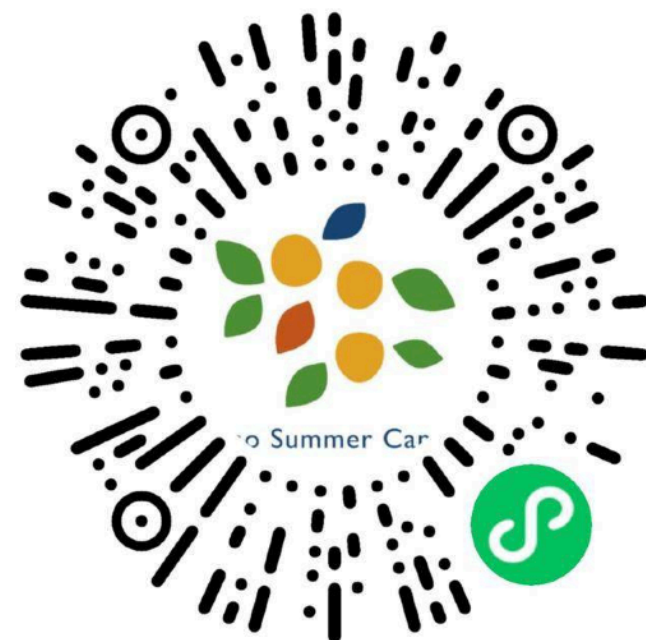
- **Camp Address:** Wanboofish Sports Tourism Resort, 999 Chunxiao Avenue, Beilun District, Ningbo, Zhejiang Province

- **Cost:** RMB18,500/person (incl. sailing course, coach, boats and rescue boat fees, Sailing test and certificate fees, insurance, Shanghai - Ningbo round trip transport and within Ningbo City, catering, accommodation and other activities during the camp. The advanced class includes CYA exam fees and can be upgraded to dual certification by taking the US Sailing exam at one's own expense.)

- **Discount Policy (Note: Only one discount applies) :**

- Early Bird Discount: 10% discount for registration and payment before March 22.

- Other discounts: 10% off for PaoSchool students, 5% off for Pao school families and friends/two (and above) signed up together/renewal students.

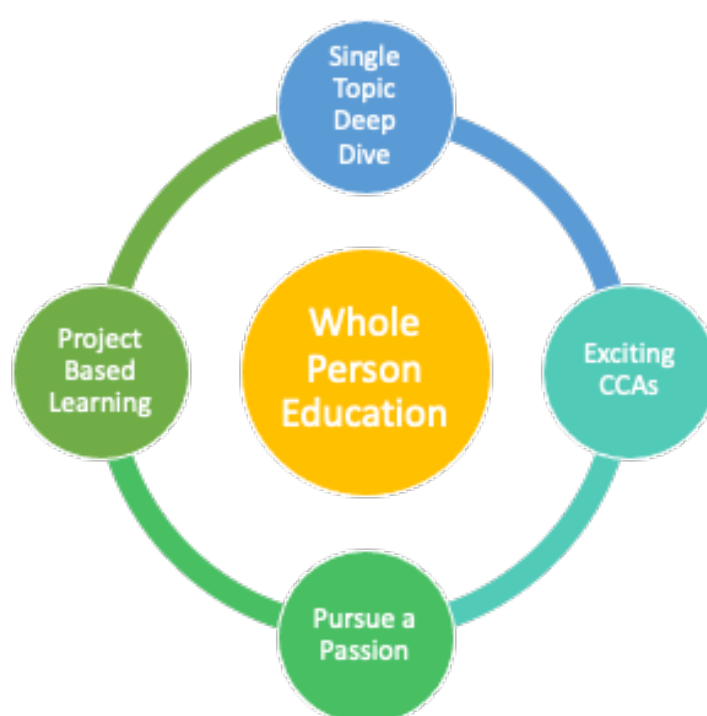


Scan the code to register

2024 Pao Summer Camp Overview

Camp	Brief	Type	Year Group	Dates	Venue
Activities Camp	<ul style="list-style-type: none"> • STEM+Music+Sports Balance schedule; • Whole Person Development; • Bilingual immersive environment; • Learn to enjoy learning! 	Day Camp Session 1	5 years old - Y3 (5-9 years old)	1 July - 12 July (Mon. - Fri.)	Wuding Campus
		Day Camp Session 2	5 years old - Y3 (5-9 years old)	15 July - 26 July (Mon. - Fri.)	
Chinese Culture Camp	<ul style="list-style-type: none"> • Designed by Pao School Chinese teachers; • Fully immersive Chinese learning experiences and activities with local Chinese children! 	Day Camp Session 1	5-11 years old	1 July - 12 July (Mon. - Fri.)	Wuding Campus
		Day Camp Session 2	5-11 years old	15 July - 26 July (Mon. - Fri.)	
		Residential Camp Session 1	9-15 years old	30 June - 9 July (Sun. In Tue. out 10days)	Songjiang Campus
		Residential Camp Session 2	9-15 years old	14 July - 23 July (Sun. In Tue. out 10days)	
Global Vision Camp	<ul style="list-style-type: none"> • Choose your own core project from humanities to business, technology and light academic; • Balance with a rich variety of CCAs and evening activities; • Enjoy warm and friendly Pao School residential life! 	Residential Camp Session 1	Y4-Y8 (9-15 years old)	30 June - 9 July (Sun. In Tue. out 10days)	Songjiang Campus
		Residential Camp Session 2	Y4-Y8 (9-15 years old)	14 July - 23 July (Sun. In Tue. out 10days)	
Pao Sailing Bilingual Camp	<ul style="list-style-type: none"> • In partnership with World Champion sailing team ChinaOne. Ningbo; • Led by an elite international head coach; • A journey full of excitement and joy! 	Residential Camp	9-14 years old	29 July – 3 Aug (Mon. In Sat. out 6days)	Meishan Bay Ningbo

* The above year groups refer to the current grade (before Summer Holidays).





residentialcamp@ykpaoschool.cn

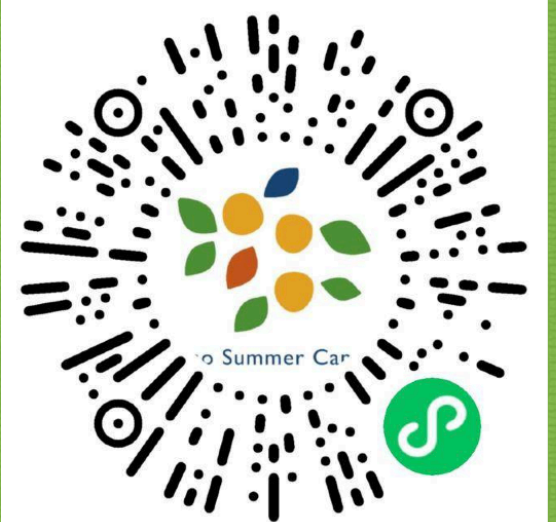


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<https://www.ykpaoschool.cn/School-Life/Summer-Programmes>

*This summer programme is operated and managed by Shenzhen YKPS Education Technology Co. Ltd.



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to register